

# Suite for Grief

## I. Denial

Duration (3:03)

May 2022

## Instrumentation

2 Flutes

2 Oboes

2 Clarinets

2 Bassoons

4 Horns in F

2 Trumpets in Bb

Tuba

Percussion (2 players)

suspended cymbal

snare drum

bass drum

Glockenspiel

Piano

Orchestral Strings

### Composer's Notes: *Denial*

*Denial* is the first movement in a four movement suite about Grief.

Though the journey of grief isn't linear in nature, it is, in whatever pattern, progressive over time.

And these movements attempt to capture the varying phases of grief.

In *Denial* we face shock and disbelief,  
an inability to even recognize the presence of death, the reality of absence.  
But eventually, loss presents itself and shatters our illusions - forcing a recognition.

Inspiration for this piece came from my own journey through grief in 2021,  
and from a selection of poems & quotations from these sources:

Linda Pastan's "The Five Stages of Grief," Joan Didion's  
*The Year of Magical Thinking* and bell hooks' *Appalachian Elegy*.  
Extracts from these works are placed throughout the four movements.

# Grief Suite - I. Denial

**Larghetto, mysterioso**

$\text{♩} = 60$

"I sat down at breakfast carefully setting the table for two. I passed you the toast  
-- you sat there. I passed you the paper -- you hid behind it." (Linda Pastan)

A

Flutes 1

Flute 2

Oboe 1

Oboes 2

Clarinet 1 in B♭

Clarinet 2 in B♭

Bassoon 1

Bassoons 2

Horn in F

Horns 1-4 in F

Trumpet in B♭

Trumpets in B♭

Tuba

Percussion 1&2

Glockenspiel

p

mp

pizz.

p

mp

$\text{♩} = 60$

**Larghetto, mysterioso**

A

Violin I

Violin 2

Viola

Violoncello

Contrabass

p

pizz.

p

mp

**solo**

Fl.1      Fl.2      Ob.1      Ob.2      Cl.1      Cl.2      Bsn.1      Bsn.2

Hn. 1&3      Hn. 2&4

Pno.

Vln. 1      Vln. 2      Vla.      Vc.      Cb.

9 3

Fl.1  
Fl.2  
Ob.1  
Ob 2  
Cl 1  
Cl 2  
Bsn 1  
Bsn. 2

Hn 1&3  
Hn 2&4  
Perc.  
Glockenspiel

Pno.

Vln. 1  
Vln. 2  
Vla.  
Vc.  
Cb.

*mf*

*mf*

*solo*  
*f*

*p*

*pp*

*p*

*cymbals*  
(with mallet)

*p*

*mp*

*mf*

*arco*

*mp*

*arco*

*mf*

13

Fl.1

Fl.2      *espressivo*  
soli with clarinet

Ob.1      *mf*      *f*

Ob.2      *espressivo*  
soli with oboe

Cl 1      *mf*      *f*      *3*

Cl 2

Bsn 1

Bsn. 2

Hn 1&3      *p*

Hn 2&4      *p*

Tpt 1

Tpt 2

Tba.

Perc.      *mf*

Glockenspiel

Pno.

Vln. 1      *mp*

Vln. 2

Vla.      *mp*  
pizz

Vc.      *mp*  
pizz

Cb.      *mp*



Musical score page 24, system 1. The score includes parts for Flute 1, Flute 2, Oboe 1, Oboe 2, Clarinet 1, Clarinet 2, Bassoon 1, Bassoon 2, Horn 1&3, Horn 2&4, Trombone 1, Trombone 2, Tuba, Percussion, Glockenspiel, Piano, Violin 1, Violin 2, Viola, Cello, and Double Bass. The score features dynamic markings such as *ff*, *f*, *mf*, *mp*, *sff*, *sfz*, *rit.*, and *g.p.*. The Percussion part includes instructions for "cymbal" and "bass drum". The strings section (Violin 1, Violin 2, Viola, Cello, Double Bass) has "divisi" markings and dynamic changes between *f* and *mf*.

**C** Mysterioso, lingering (A dream-like awakening)  
rubato

7

32

rit.

Hn 1&3

1.

Hn 2&4

(prepare mute)

Tpt 1

Tpt 2

Tba.

Perc.

Glockenspiel

Pno.

Vln. 1

Vln. 2

Vla.

Vc.

Cb.

Mysterioso, lingering (A dream-like awakening)

sul ponticello

uni

sul ponticello

ppp  
uni

pp  
sul ponticello

Michelle Lorimer

Suite for Grief

II. Bargaining

Duration approximately 2:48

## Instrumentation

2 Flutes

2 Oboes

2 Clarinets in Bb

2 Bassoons

4 Horns in F

2 Trumpets in Bb

2 Trombones

Bass Trombone

Tuba

Percussion (2 players)

suspended cymbal,

bass drum, triangle,

woodblocks, mark tree

Glockenspiel

Piano

Orchestral Strings

### Composer's Notes: *Bargaining*

Though the journey of grief isn't linear in nature, it is, in whatever pattern, progressive over time.

These movements attempt to capture the varying phases of grief.

In *Bargaining* we reason & rationalize, replay & rehearse alternative options & endings.

But the frenzied futility of that enterprise becomes clear, and we grow tired...

Inspiration for this piece came from my own journey through grief in 2021, and from a selection of poems & quotations: Linda Pastan's "The Five Stages of Grief," Joan Didion's *The Year of Magical Thinking* and bell hooks' *Appalachian Elegy*. Extracts from these works are placed throughout the movements.

# Grief Suite - II. Bargaining

**A** $\text{♩} = 125$ **Allegro, agitato**

Flute 1&2      2      3      4      5      6      7

Oboes 1&2      a1      *pp*

Clarinet 1&2 in B $\flat$       *pp*      a1

Bassoons 1&2      *pp*

Horn in F 1,3

Horn in F 2,4

Trumpet in B $\flat$

Trumpets in B $\flat$

Trombone

Trombone

Trombone

Tuba

Percussion      woodblocks  
*mf*  
(along with select stringed instruments tapping on body of instrument)

Triangle      *p*      *mp*

Glockenspiel

Piano

**Allegro, agitato****A** $\text{♩} = 125$ 

col legno

Violin I      *f*

Violin 2      col legno

Viola      *f*

Violoncello      col legno

Contrabass      *f*

arco, nat.  
*p cres.*  
percussive tapping along with woodblock

pizz      arco

pizz      arco

pizz      percussive tapping along with woodblock

pizz      arco

pizz      arco

Fl. 1&2

Ob. 1&2

Cl. 1&2

Bsn. 1&2

Hn. 1,3

Hn. 2,4

Tpt.

Perc.

Tri.

sus cymbal with drumstick

woodblocks

along with stringed instrument tapping

woodblocks f

sus cymbal with mallet (choke)

p — mf — f (siempre open)

mp — f

Pno.

Vln. 1

Vln. 2

Vla.

Vc.

Cb.

mf

pizz

f

percussive tapping

chap-style playing throughout

mf

pizz

percussive tapping along with woodblock

**B**

Fl.1&2 15 a2 throughout  
Ob. 1&2 mp  
Cl.1&2  
Bsn. 1&2

Hn.1,3  
Hn.2,4

Perc. triangle  
(woodblock and/or double bass percussion taps)

Vln. 1 jete (sim. throughout)  
Vln. 2 pizz.  
Vla. pizz.  
Vc. mf  
Cb. tapping

Fl. 1&2      20      21      22      23

Ob. 1&2      a2 throughout      mp      mf      mp

Cl. 1&2      a2 throughout      mp      mf      mp

Bsn. 1&2      a2 throughout      mp      mf      mp

Hn. 1,3      a2      p      sfz      p

Hn. 2,4      p      sfz      p

Vln. 1

Vln. 2      arco      mf

Vla.      pizz.      mf

Vc.

Cb.

Fl.1&2      24      25      26      27

Ob. 1&2      *mf*      *mf*      *f*

Cl.1&2      *mf*      *mf*      *f*

Bsn. 1&2      *mf*      *mf*      *f*

Hn.1,3      *p*      *mp*      *mf*

Hn.2,4      *p*      *mp*      *mf*

Tpt.      *sffz*      *f*

Tbn.1      *f*      *f*

Tbn.2      *f*      *f*

Tbn.3      *f*

Tba.      *f*

Perc.      sus cymbal with mallets      *p*      *p*      *p*      *mp*      *f*      *mf*

bass drum      *mf*      *f*      *mf*      *mf*      *mf*      bass drum      *mf*      *f*

Pno.      *sffz*      *f*      *f*      *f*      *f*

Vln. 1      *mf*      *mf*

Vln. 2      *mf*      *mf*      *f*

Vla.      arco      *f*

Vc.      arco

Cb.      arco

8

Fl.1&2      ff      ff      ff      f

(Fl.2)

Ob. 1&2      f      mf      f      f

Cl.1&2      f      mf      f      f

Bsn. 1&2

Hn.1,3      a2      mp      mf      f

Hn.2,4      mp      mf      sfz      f

Tpt.

Tpt.      mf      f

Tbn.1      mf      mf      mf      f

Tbn.2      mf      mf      mf      f

Tbn.3      mf      mf      mf      f

Tba.      f

Perc.      mp      f

Pno.      f      mf      f

Vln. 1

Vln. 2      f

Vla.      mf

Vc.

Cb.

28      29      30      31

*subito p*

Fl. 1&2 32 a1 *p* 33 a2 *p* 34 *b* *p* 35 *b*

Ob. 1&2 *pp* a2 *pp*

Cl. 1&2 *pp* a2 *pp*

Bsn. 1&2 *pp* a1

Perc. *mark tree* *pizz.*

Glock.

Pno.

*subito p*  
pizz, divisi

Vln. 1 *p*

Vln. 2 *p* pizz, divisi

Vla. *p* pizz, divisi

Vc. *p* pizz, divisi

Cb. *p* pizz

10

Fl. 1&2

36

p

37

pp

38

mp

39

p

Ob. 1&2

Bsn. 1&2

Cl. 1&2

Perc.

Glock.

Bsn. 1&2

Pno.

pp

Vln. 1

arco

ppp

sul tasto

Vln. 2

arco

ppp

sul tasto

Vla.

Vc.

Cb.

pp  
sul tasto  
arco

pp

pp

pp

pp

pp

pp

Fl.1&2 40

Ob. 1&2 41

Cl.1&2 42 rit.

Bsn. 1&2 43

Perc. 44

*cymbal roll*

Glock.

Pno.

Vln. 1

Vln. 2

Vla.

Vc.

Cb.

(pedal throughout)

a tempo

a tempo

*What can I exchange for loss?*

12

C Slightly rubato, expressivo  $\text{♩} = 90$

Musical score for Flutes 1&2, Oboes 1&2, Clarinets 1&2, and Bassoons 1&2. The score shows measures 45 through 51. The Flutes play sustained notes. The Oboes play a solo line with grace notes and slurs. The Clarinets play a line labeled 'a1'. The Bassoons play sustained notes. Dynamics include *p*, *pp*, *mp*, and *soli*.

Musical score for Piano. The piano plays a rhythmic pattern of eighth and sixteenth notes. The dynamics are *p* and *mp*. The tempo is marked as *slightest rit.* and *tempo*. Measures are divided by vertical bar lines.

C Slightly rubato, expressivo  $\text{♩} = 90$

Musical score for Violin 1, Violin 2, Viola, Cello, and Double Bass. The score shows measures 45 through 51. The Violins play sustained notes. The Viola and Cello play sustained notes. The Double Bass plays sustained notes. Dynamics include *pp*, *nat.*, *mp*, and *pp*.

Pno.

*mp*

*Adagio*

Musical score for strings (Vln. 1, Vln. 2, Vla., Vc., Cb.) in 2/4 time. The score consists of four measures. Measures 1-3 are identical, featuring sustained notes with grace notes and dynamic markings *p*, *mp*, *rit.*, *pizz.*, *pp*, and *ppp*. Measure 4 begins with a fermata over a sustained note, followed by eighth-note patterns and a final dynamic *pp*.

Michelle Lorimer

**Suite for Grief**

III. Anger & Depression

Duration approximately 6:20

## Instrumentation

2 Flutes + Piccolo (or 2nd flute  
doubling on piccolo)

2 Oboes

2 Clarinets in Bb

2 Bassoons

4 Horns in F

2 Trumpets in Bb

2 Trombones

Bass Trombone

Tuba

Timpani

Percussion (3 players)

suspended cymbal, snare drum,  
bass drum, crotales, triangle,  
woodblocks

Orchestral Strings

### Composer's Notes: *Anger & Depression*

Though the journey of grief isn't linear in nature, it is, in whatever pattern, progressive over time.

These movements attempt to capture the varying phases of grief.

*Anger* seeks release & boils to the surface while *Depression* can be a slow, submerged state in which we find it difficult to move and to be moved. How are these natural responses to disorientation connected?

Inspiration for this piece came from my own journey through grief in 2021, and from a selection of poems & quotations: Linda Pastan's "The Five Stages of Grief," Joan Didion's *The Year of Magical Thinking* and bell hooks' *Appalachian Elegy*. Extracts from these works are placed throughout the movements.

## Grief Suite - III. Anger & Depression

### Score in C

"Grief comes in waves, paroxysms, sudden apprehensions that weaken the knees & blind the eyes & obliterate the dailyness of life." - Joan Didion

5

A

3

Vivo, molto agitato ♦ = 140

M. Lorimer

Piccolo

Flute 1

Flute 2

Oboe 1

Oboe 2

Soprano 1 in B♭

Soprano 2 in B♭

Bassoon 1

Bassoon 2

a2

Hns 1&3  
 Hns 2&4  
 Trumpet 1 in Bb  
 Trumpet 2 in Bb  
 Trombone  
 Trombone  
 Trombone  
 Tuba  
 Timpani  
 Cymbals  
 Wood Blocks

a2  
 (stagger breathing where necessary)

mp f ff  
 mp f ff  
 f ff  
 ff  
 ff  
 mp f ff  
 mf f ff  
 gliss. ff  
 subito ff  
 p ff

suspended cymbal

A

3

Vivo, molto agitato ♀ = 140

suspended cymbal

**A**

**3**  
**4**

Vivo, molto agitato  $\text{♩} = 140$

*au talon, aggressively*

Violin I

*f*      *sfz*      *divisi*      *ff*      *fff*      *subito*  
*pp*

*au talon, aggressively*

Violin II

*f*      *sfz*      *sul ponticello*      *f*      *fff*      *subito*  
*pp*

*au talon, aggressively*

Viola

*f*      *sfz*      *sul ponticello*      *f*      *fff*      *subito*  
*pp*

Violoncello

-      -      *sul ponticello*      *f*      *fff*      *subito*  
*pp*

Double Bass

-      -      *sul ponticello*      *f*      *fff*      *subito*  
*pp*

13      14      15      16      17      18      19      20      21      22      23

Picc. -

Fl. -

Fl. -

Ob.1 -

Ob.2 -

Ci 1 -

Ci 2 - (optional cue Hns 1&3)

Bsn 1 -

Bsn 2 -

Hn 1&3 - (stagger breathing where necessary) o2

Hn 2&4 - p pp p pp

Tpt 1 - (optional cue Hns 1&3)

Tpt 2 - ppp p pp

Tbn 1 -

Tbn 2 -

Tbn 3 -

Tba. -

Timp. - mf

Cym. - solo

W.B. - p 2 p 2 p

Triangle -

Vln. I - au talon, unison ff

Vln. II - au talon, arco ff

Vla. - au talon, arco ff

Vc. -

D. -

24 25 26 27 28 29 30 31 *animato* 32 33 34 35

Picc. *mf* *f* *ff* *fff*

Fl. *mf* *f* *ff* *fff*

Fl. *mf* *f* *ff* *fff*

Ob. 1 *mf* *f* *ff* *fff*

Ob. 2 *mf* *f* *ff* *fff*

Cl 1 *mf* *f* *ff* *fff*

Cl 2 *mf* *f* *ff* *fff*

Bsn 1 *mf* *f* *ff* *fff*

Bsn 2 *mf* *f* *ff* *fff*

(stagger breathing to keep continuous)

Hn 1&3 *ff* *pp*

a2 (stagger breathing to keep continuous)

Hn 2&4 *mt* *ff* *pp*

Tpt 1 *f* *mf*

Tpt 2 *f* *mf*

Tbn 1 *mp* *mf* *f*

Tbn 2 *mp* *mf* *f*

Tbn 3 *f* *f*

Tba. *ff* *f*

Tim. *gliss.* *gliss.*

Cym. *mp* *ff*

W.B.

Triangle *mf* *f*

*animato*

Vln. I *fff*

Vln. II *sul ponticello* *f* *ff* *fff*

Vla. *fff*

Vc. Solo

Vc. *sul ponticello* *f* *ff* *fff*

Db. *f* *ff* *fff*

G.P.  
**64**

Picc. 36 37 38 39 40 41 42 43 44 45 46 *morendo* mt. 47- 48 - 49 - 50 - 51

Ci 1 (slightly rubato) *solo* *mf* *f* *mp* *pp*

Ci 2

Hn 1&3 (stagger breathing to keep continuous) *p* *pp* *ppp*

Hn 2&4 (stagger breathing to keep continuous) *p* *pp* *ppp*

Tpt 2

W.B. (rubato here, not too strict, fading away.) *pp*<sup>3</sup>

Vln. I *sul tasto* *ppp* *sul tasto* *rit.*

Vln. II *ppp* *sul tasto*

Vla. *ppp* *sul tasto*

Vc. Solo *solo cantabile* *p* *ppp* *sul tasto*

Vc. *pizz* *ppp* *pp*

D. b. *p*

**B** Largo, grave  $\text{♩} = 96$

**6** **4**

Fl. 52 53 54 55 56 57 58 59 60 61 62 63 64 65

Bsn 1

Bsn 2

Hn 1&3 soli, sempre legato  
Hn 2&4 soli  
Tbn 1 soli  
Tbn 2  
Tbn 3  
Tba. soli

Flute (Fl.)

Bassoon 1 (Bsn 1)

Bassoon 2 (Bsn 2)

Horn 1 & 3 (Hn 1&3)

Horn 2 & 4 (Hn 2&4)

Tuba 1 (Tbn 1)

Tuba 2 (Tbn 2)

Tuba 3 (Tbn 3)

Tuba Bass (Tba.)

sempre legato

**B** Largo, grave  $\text{♩} = 96$

**6** **4**

Vln. I

Vln. II

Vla.

Vc. Solo

Vc.

D. b. (Db.)

Violin I (Vln. I)

Violin II (Vln. II)

Cello (Vla.)

Cello Solo (Vc. Solo)

Cello (Vc.)

Double Bass (Db.)

sempre legato



Moderato,  $\text{♩} = 100$ 

9

Fl.      78      79      80      81      82      83      84      85      86

Fl.      *mf*      *mf*      *pp*

Ob. 1    *mf*      *p*      *pp*

Ob. 2    *p*      *pp*

Cl 1     *mp*      *mf*      *pp*

Cl 2     *mp*      *mf*      *pp*

Bsn 1    *mp*      *mf*      *pp*

Bsn 2    *mp*      *bif*      *pp*

Hn 1&3    *a1*      *mp*      *mf*      *p*

Hn 2&4    *a1*      *mp*      *p*

Tpt 1     *mp*      *mf*      *p*

Cym.      -

S. D.      -

W.B.      -

Crot.     *p*

Moderato,  $\text{♩} = 100$ 

Vln. Solo    *p*

Vln. I      *mp*      *mf*      *f*      *p*      *pp*      *p*

Vln. II     *mp*      *mf*      *f*      *p*      *pp*      *p*

Vla.       *mp*      *mf*      *f*      *p*      *pp*

Vc. Solo    -

Vc.       *mp*      *mf*      *f*      *p*      *pp*      *p*

D. b.      *arco*      *mp*      *f*      *p*      *ppp*      *p*

Musical score for orchestra and woodwind quintet, measures 87-91.

Measure 87:

- Flute 1: Rest
- Flute 2: Rest
- Oboe 1: Rest
- Oboe 2: Rest
- Clarinet 1: Rest
- Clarinet 2: Rest
- Bassoon 1: Rest
- Bassoon 2: Rest
- Horn 1 & 3: Rest
- Horn 2 & 4: Rest
- Trombone 1: Rest
- Cymbal: Rest
- Suspension Drums: Rest
- W.W.B.: Rest
- Crotal: Rest
- French Horn Solo: Sixteenth-note pattern (3 groups of 8 notes) at  $p$
- Violin I: Rest
- Violin II: Rest
- Viola: Rest
- Cello: Rest
- Double Bass: Rest

Measure 88:

- Flute 1: Rest
- Flute 2: Rest
- Oboe 1: Rest
- Oboe 2: Rest
- Clarinet 1: Rest
- Clarinet 2: Rest
- Bassoon 1: Rest
- Bassoon 2: Rest
- Horn 1 & 3: Rest
- Horn 2 & 4: Rest
- Trombone 1: Rest
- Cymbal: Rest
- Suspension Drums: Rest
- W.W.B.: Rest
- Crotal: Rest
- French Horn Solo: Sixteenth-note pattern (3 groups of 8 notes) at  $p$
- Violin I: Rest
- Violin II: Rest
- Viola: Rest
- Cello: Rest
- Double Bass: Rest

Measure 89:

- Flute 1: Rest
- Flute 2: Rest
- Oboe 1: Rest
- Oboe 2: Rest
- Clarinet 1: Rest
- Clarinet 2: Rest
- Bassoon 1: Rest
- Bassoon 2: Rest
- Horn 1 & 3: Rest
- Horn 2 & 4: Rest
- Trombone 1: Rest
- Cymbal: Rest
- Suspension Drums: Rest
- W.W.B.: Rest
- Crotal: Rest
- French Horn Solo: Sixteenth-note pattern (3 groups of 8 notes) at  $p$
- Violin I: Rest
- Violin II: Rest
- Viola: Rest
- Cello: Rest
- Double Bass: Rest

Measure 90:

- Flute 1: Rest
- Flute 2: Rest
- Oboe 1: Rest
- Oboe 2: Rest
- Clarinet 1: Rest
- Clarinet 2: Rest
- Bassoon 1: Rest
- Bassoon 2: Rest
- Horn 1 & 3: Rest
- Horn 2 & 4: Rest
- Trombone 1: Rest
- Cymbal: Rest
- Suspension Drums: Rest
- W.W.B.: Rest
- Crotal: Rest
- French Horn Solo: Sixteenth-note pattern (3 groups of 8 notes) at  $p$
- Violin I: Rest
- Violin II: Rest
- Viola: Rest
- Cello: Rest
- Double Bass: Rest

Measure 91:

- Flute 1: Rest
- Flute 2: Rest
- Oboe 1: Rest
- Oboe 2: Rest
- Clarinet 1: Rest
- Clarinet 2: Rest
- Bassoon 1: Rest
- Bassoon 2: Rest
- Horn 1 & 3: Rest
- Horn 2 & 4: Rest
- Trombone 1: Rest
- Cymbal: Rest
- Suspension Drums: Rest
- W.W.B.: Rest
- Crotal: Rest
- French Horn Solo: Sixteenth-note pattern (3 groups of 8 notes) at  $p$
- Violin I: Rest
- Violin II: Rest
- Viola: Rest
- Cello: Rest
- Double Bass: Rest



12

**6** **4**  $\text{♩} = 105$

Picc.

Fl.  $f$

Fl.  $f$

Ob. 1  $f$

Ob. 2  $f$

Ct. 1

Ct. 2

Bsn. 1  $mp$

Bsn. 2  $mp$

Hn 1 & 3  $mp$

Hn 2 & 4  $mp$

Tpt. 1  $mp$

Tpt. 2  $mp$

Tbn. 1  $mp$

Tbn. 2  $mp$

Tbn. 3  $mp$

Tba.  $mp$

Timpani  $p$

Cym.

S. D.

W. B.

Crot.  $f$

Triangle

**5** **4**

Vln. Solo  $mf$

Vln. I  $mf$

Vln. II  $mf$

Vla.  $mf$

Vc.  $mf$

D. b.  $mf$



3  
4

Picc. *ff* 5 103

Fl. *ff* 5 104

Fl. *ff* 5 105

Ob. 1

Ob. 2

Ci 1

Ci 2

Bsn 1

Bsn 2 *f*

Hn 1&3 *mp* *f*

Hn 2&4 *mp*

Tpt 1 *f*

Tpt 2

Tbn 1 *f*

Tbn 2 *f*

Tbn 3 *f*

Tba.

Tim. *f* *mf*

Cym. *ff*

S. D. 3 3

W.B.

Triangle *f* *f* *f*

Vln. I unison

Vln. II

Vla.

Vc.

D. b. unison

divisi

unison

**6  
4**

**C** ♩ = 130 subito mysterioso

6 4

107 108 109 110 111 112 113 114

Picc. -

Fl. -

Fl. -

Ob.1 -

Ob. 2 -

Cl. 1 -

Cl. 2 -

Bsn 1 solo: pppp p vib. on this phrase

Bsn 2 -

This musical score page shows a section for orchestra and bassoon section. The top half features parts for Picc., Flute (two staves), Oboe 1, Oboe 2, Clarinet 1, Clarinet 2, and Bassoon 1. The bottom half features Bassoon 2. The score is in common time (indicated by '6 4'). Measure numbers 107 through 114 are shown above the staff. Dynamics include 'subito mysterioso' at the beginning, 'mp' (mezzo-forte) for woodwind entries, 'pp' (pianissimo) for oboe entries, and 'solo' for Bassoon 1. Bassoon 1 also has dynamics 'pppp' and 'p'. Bassoon 2 has a dynamic 'p' at the end. A performance instruction 'vib. on this phrase' is placed above the bassoon 1 staff. Measure 110 includes a key change to B-flat major, indicated by a B-flat symbol and a bass clef.

\*prep to play with mute

Tim.	<i>sabito pp</i>							
Cym.	-	-	-	-	-	-	-	-
S. D.	-	-	-	-	-	-	-	-
W.B.	-	$\begin{smallmatrix} \nearrow \\ \times \\ \times \end{smallmatrix}$	$\begin{smallmatrix} \nearrow \\ \times \\ \times \end{smallmatrix}$	$\begin{smallmatrix} \nearrow \\ \times \\ \times \end{smallmatrix}$	<i>mysterious</i>	$\begin{smallmatrix} \nearrow \\ \times \\ \times \end{smallmatrix}$	$\begin{smallmatrix} \nearrow \\ \times \\ \times \end{smallmatrix}$	$\begin{smallmatrix} \nearrow \\ \times \\ \times \end{smallmatrix}$
Triangle	-	<i>p</i>	<i>3</i>	<i>3</i>	<i>pp</i>	<i>3</i>	<i>3</i>	<i>3</i>

**C**

**6**  
**4**

$\text{♩} = 130$  subito mysterioso

Pno.

Vln. I

Vln. II

Vla.

Vc.

Db.

pizz divisi  
mf

sul ponticello  
pp

arco, au talon  
mp

arco, au talon  
sul ponticello  
mp pp

sul ponticello  
pp

115            116            117            118            119            120

Picc.

Fl.

Fl.

Ob.1

Ob.2

Cl1

Cl2

Bsn 1

Bsn 2

Hn1&3

Hn 2&4

Tpt 1

Timp.

Bass Drum

Cym.

S. D.

W.B.

Crot.

Triangle

Pno.

Vln. I

Vln. II

Vla.

Vc.

Db.

*p*

*pp*

*pp*

*a1 (optional cue flute 1)*

*p*

*mp*

*mf*

*f*

*con sordino flz*

*p*

*pp*

*mp*

*ppp*

*with sticks to create accelerando /darker sustain cym.*

*mf*

*divisi*

*pizz*

*mf*

*pizz*

*divisi*

*mf*

*p*

*p*





**D**

**3** **4**

Tpt 1

*p* = 130

131 132 133 134 135 136 137 138 139 140 141 142 143

*a1, con sordino*

*ppp*

Vln. Solo

*ppp* *mp* *ppp*

Vln. I

Vln. II

Vla.

Vc. Solo

Vc.

Db.

rubato here - take your time

*sffz* *f*

Vivo, molto agitato  
♩ = 140, a tempo with timp gliss.  
**TUTTI** molto rit.

20

Picc. Fl. Fl. Ob. 1 Ob. 2 Cl 1 Cl 2 Bsn 1 Bsn 2 Hn 1&3 Hn 2&4 Tpt 1 Tpt 2 Tbn 1 Tbn 2 Tbn 3 Tba. Timp. Cym. S. D. Crot. Pno. Vln. Solo Vln. I Vln. II Vla. Vc. Solo Vc. Db.

Michelle Lorimer

# Suite for Grief

## IV. Acceptance

Duration approximately 6:00

Michelle Lorimer  
Humber College 2022

2 Flutes + Piccolo (or 2nd flute  
doubling on piccolo)

2 Oboes

2 Clarinets in Bb

2 Bassoons

4 Horns in F

2 Trumpets in Bb

2 Trombones

Bass Trombone

Tuba

Timpani

Percussion (2 players)  
suspended cymbal,  
bass drum, snare drum  
crotales, triangle, tubular bells

Harp

Piano

Orchestral Strings

#### **Composer's Notes: *Acceptance***

Though the journey of grief isn't linear in nature, it is, in whatever pattern, progressive over time.  
These movements attempt to capture the varying phases of grief.

Who knows exactly how we let *Acceptance* enter, but eventually, it does - a composite of our struggle & surrender,  
and the love that's persevered. Life beyond loss emerges, and our embracing of it  
is like a gradual dance that we are invited into, steps unsure and accompaniment unexpected.

Inspiration for this piece came from my own journey through grief in 2021, and from a selection of poems & quotations:  
Linda Pastan's "The Five Stages of Grief," Joan Didion's *The Year of Magical Thinking* and bell hooks' *Appalachian Elegy*.  
Extracts from these works are placed throughout the movements.

## IV. Acceptance (Suite for Grief)

Score in C

such then is beauty, surrendered against all hope...you are here again, turning slowly...  
 nature as chameleon, all life change and a changing again, awakening hearts  
 steady moving from unnamed loss into fierce deep grief  
 that can bear all burdens - bell hooks, "Appalachian Elegy"

3  
M. Lorimer

**A**

"You are here again, turning slowly...nature as chameleon, all life change and a changing again, awakening hearts"

**6**  
**8**  
Andante  $\text{♩} = 34$

Measures 2-8:

- Piccolo:** Rests throughout.
- Flute 1:** Dynamics: *ppp*, *mp*, *pp*, *p*.
- Flute 2:** Rests throughout.
- Oboe 1:** Rests throughout.
- Oboe 2:** Dynamics: *ppp*, *p*.
- Clarinet 1 in B♭:** Rests throughout.
- Clarinet 2 in B♭:** Dynamics: *ppp*, *p*.
- Bassoon 1:** Dynamics: *ppp*, *pp*, *solo*, *mp*.
- Bassoons 2:** Rests throughout.
- Horn in F:** Rests throughout.
- Horns in F:** Rests throughout.
- Trumpet 1 in B♭:** Rests throughout.
- Trumpet 2 in B♭:** Rests throughout.
- Trombone:** Rests throughout.
- Bass Trombone:** Rests throughout.
- Tuba:** Rests throughout.
- Timpani:** Rests throughout.
- Percussion:** Rests throughout.
- Crotales/Triangle:** Dynamics: *pp*, *triangle*, *pp*.

**A**

**6**  
**8**  
Andante  $\text{♩} = 34$

*sul ponticello*

gentle, slow

Measures 6-8 (String Section):

- Violin I:** Dynamics: *ppp*, *p*, *pp*, *p*.
- Violin II:** Dynamics: *ppp*, *p*, *pp*, *p*.
- Viola:** Dynamics: *pp*, *p*, *pp*, *p*.
- Violoncello:** Dynamics: *p*, *pizz*, *arco*, *divisi*, *col legno*, *pp*.
- Contrabass:** Rests throughout.

9            10            11            12            13            14            15            16

Fl.1  
Fl.2  
Ob.1  
Ob.2  
Cl.1  
Cl.2  
Bsn.1  
Bsn.2  
Hn.1,3  
Hn.2,4  
Tpt.1  
Tpt.2  
Tbn.1  
Tbn.2  
Timp  
Perc  
Crot/  
Triangle  
Vln. I  
Vln. II  
Vla.  
Vc.  
Cb.

*soli espressivo*

*con sordino*

*crotales*

*ord*

*uni*

*pizz*

*arco*

*p*  
*pp*  
*mf*  
*mp*  
*p*  
*pp*  
*ppp*  
*p*  
*mf*  
*p*  
*mp*  
*p*  
*ppp*  
*p*  
*ppp*  
*p*  
*ord*  
*ppp*  
*ord*  
*ppp*  
*mp*  
*uni*  
*mp*  
*pizz*  
*3*  
*3*  
*pp*  
*pp*  
*mp*  
*p*

68

Fl.1      17      18      19      20      21

Fl.2      >ppp      f      3 3 p      ppp      mf 3      ppp

Ob.1      =ppp      mf      3 3 p      ppp      p 3      ppp      a1

Ob.2      =ppp      mf      3 3 p      ppp      p 3      ppp      mf

Cl.1      =ppp      mf      3 3 p      ppp      p 3      ppp      tr>

Cl.2      >ppp      mf      3 3 p      ppp      p 3      ppp      tr>

Bsn.1      pp      -      -      -      3 p      ppp      3 mf 3      p

Bsn.2      pp      -      -      -      ppp      p 3      ppp      p

Hn.1,3      -      -      -      -      -      -      pp

Hn.2,4      -      -      -      -      -      -      -

Tpt.1      -      -      -      -      -      -      con sordino      pp

Tpt.2      -      -      -      -      -      -      -

Tbn.1      -      -      -      -      -      -      -

Tbn.2      -      -      -      -      -      -      -

Timp.      -      -      -      -      -      -      -

Perc.      -      -      -      -      -      -      -

Crot/  
Triangle      -      -      -      -      -      -      -

Vln. I      -      -      sul ponticello      pizz      3

Vln. II      -      -      sul ponticello      pizz      3

Vla.      -      -      sul ponticello      pizz      3

Vc.      -      -      pizz      mp      3

Cb.      -      -      pizz      mp      p 3      3 mp

68

...strong green growth will rise here, trees back to life..."

6 6/8

Picc. 22 23 24 25 26 27 28

Fl.1 *mp* *mf* *pp* *rubato* *f* *3* *pp*

Fl.2 *mp* *mf*

Ob.1 *p* *mp*

Ob.2 *p* *mp*

Ci.1 *p* *mp*

Ci.2 *p* *mp*

Bsn.1 *p* *mp* *solo* *3*

Bsn.2 *p* *mp* *solo, (joined by oboe)* *3*

Hn.1,3

Hn.2,4

Tpt.1

Vln. I 6/8 *ord. arco* *p* *mf* *ppp*

Vln. II *ord. arco* *p* *mf* *ppp*

Vla. *arco, ord.* *p* *mf* *ppp*

Vc. *arco* *p* *mf* *ppp*

Cb. *arco* *p* *mf* *ppp*

Picc.

Fl.1

Fl.2

Ob.1 solo, (with bassoon)

Ob.2

Cl.1

Cl.2

Bsn.1

Bsn.2

Hn.1,3

Hn.2,4

Tpt.1 con sordino

(remove mute)

senza sord.

Tpt.2

Tbn.1

Tbn.2

Crot/  
Triangle triangle pp

Vln. I sul tasto ppp arco mf

Vln. II sul tasto ppp arco mf

Vla. sul tasto ppp arco mf

Vc. sul tasto ppp arco mf

Cb. ppp sul tasto ppp arco mf

8

B

$\text{♪} = 140$  poco accel. rit.

Fl.1  
Fl.2  
Ob.1  
Ob.2  
Cl.1  
Cl.2  
Bsn.1  
Bsn.2

Hn.1,3  
Hn.2,4  
Tpt.1  
Tpt.2  
Tbn.1  
Tbn.2  
B. Tbn.  
Tba  
Timp  
Perc  
Crot/  
Triangle  
Pno

Vln. I  
Vln. II  
Vla.  
Vc.  
Cb.

37 38 39 40 41 42 43 44

*mp* *tr* *f* *pp*  
*mp* *f* *pp*  
*mf*  
*pp* (Horn 1: insert mute)  
*mp* *mf*  
*mp* *mf* (insert mute)  
*mp* *mf* (insert mute)  
*mp* *mf*  
*mp* *mf*  
*mp* *mf*  
*mp* *mf*  
*mp* *mf*  
*pp* *mf*  
*pp* sus cymbals *mf*  
*pp* *p* rubato to start *p* *pp p* R.H. *mf*  
*pp* *mf* (add mutes) *(add mutes)*

*rit.*

**B**  $\text{♪} = 140$  poco accel. rit.

*pp* *mf* *f* *pp* *(add mutes)* *(add mutes)*

*mf* *f* *mf* *f* *mf* *f* *mf* *f*

tempo,  $\text{♩} = 145$

9

45 46 47 48 49 50

This section of the score shows the following instrumentation and dynamics:

- Picc.**: Rest throughout.
- Fl.1**: Dynamics: *ppp*, *pp*, *ppp*, *pp*.
- Fl.2**: Dynamics: *ppp*, *pp*, *ppp*, *pp*.
- Ob.1**: Dynamics: *ppp*, *pp*, *sfz*, *ppp*, *pp*.
- Ob.2**: Dynamics: *ppp*, *pp*, *ppp*, *pp*.
- Cl.1**: Dynamics: *mf*, *mf*, *f*, *3*.
- Cl.2**: Dynamics: *sfz*, *f*, *3*, *3*, *3*.
- Bsn.1**: Dynamics: *f*, *mp*, *f*, *3*, *3*.
- Bsn.2**: Dynamics: *mp*, *mp*.

This section continues the instrumentation and dynamics from the previous page:

- Hn.1,3**: Dynamics: *p*, *3*, *3*.
- Hn.2,4**: Dynamics: *con sordino*, *pp*.
- Tpt.1**: Dynamics: *ppp*, *con sordino*.
- Tpt.2**: Dynamics: *ppp*.
- Pno.**: Dynamics: *pp*, *mp*. Pedal markings: *Ped.* (repeated).

tempo,  $\text{♩} = 145$

This section shows the following instrumentation and dynamics:

- Vln. I**: Dynamics: *uni*, *ppp*, *3*, *3*, *ppp*, *pp*.
- Vln. II**: Dynamics: *con sordino*, *uni*, *ppp*, *3*, *3*, *ppp*, *pp*, *mp*, *3*.
- Vla.**: Dynamics: *mp*, *3*.
- Vc.**: Dynamics: *pp*, *p*.
- Cb.**: Dynamics: *pp*, *p*.

Allegretto, piu tranquillo ♫ = 145

10

51      52      53      54      55      56      57      58

poco rit.

**38**      **68**

Fl.1      Fl.2      Ob.1      Ob.2      Cl.1      Cl.2      Bsn.1      Bsn.2

Hn.1,3      Hn.2,4      Tpt.1      Tpt.2      Tbn.1      Tbn.2      B. Tbn.      Tba.

Pno.

Vln. I      Vln. II      Vla.      Vc.      Cb.

*(remove mute)*      *a1, senza sord.*      *leggero*

*dolce*      *pp*      *p*      *mp*      *pp*      *pp*      *pp*

*Allegretto, più tranquillo*  $\text{♩} = 145$

**38**      **68**

divisi      senza sord.      senza sord.      ppp

divisi      senza sord.      nat.      p

pizz      uni      arco, sul ponticello      ppp

pizz      uni      arco, solo      p

pizz      f      pizz      p

mp      f      pp      ppp

pizz      pizz      pizz

C

...steady moving from unnamed loss ...into fierce deep grief that can bear all burdens

11

tempo (Allegretto  $\text{♩} = 142$ )

59 rit. 60 solo  
 61 f pp  
 62  
 63  
 64  
 65  
 66

Picc.  
 Fl.1  
 Fl.2  
 Ob.1  
 Ob.2  
 Cl.1  
 Cl.2  
 Bsn.1  
 Bsn.2

Hn.1,3  
 Hn.2,4  
 Tpt.1  
 Tpt.2  
 Tbn.1  
 Tbn.2  
 B. Tbn.  
 Tba.

Pno.

(clarinet & flute overtop)  
 mp p  
 pp mp  
 pedal throughout as needed

*Rd.*

C

tempo (Allegretto  $\text{♩} = 142$ )

Vln. I  
 Vln. II  
 Vla.  
 Vc.  
 Cb.

pizz  
 mp pizz  
 mp pizz  
 mp pizz  
 mp pizz  
 mp pizz

rit.

Picc.

Fl.1

Fl.2

Ob.1 *soli with trumpet*  
mp

Ob.2 mp

Cl.1 mp

Cl.2 f mp

Bsn.1 mp

Bsn.2 p mp

Hn.1,3 a2  
p pp

Hn.2,4 a2  
p

Tpt.1 senza sord. soli with oboe  
p p

Tpt.2 p p

Tbn.1 pp mp mf

Tbn.2 pp mp mf

B. Tbn. pp

Tba p

Pno

Vln. I

Vln. II

Vla.

Vc.

Cb.

13

76            77            poco accel.    78            duet    79            ff duet    80            3 3 3    81

*piu animato ♩ = 150*

Picc.

Fl.1      solo      *mf*      *f*

Fl.2      solo      *mf*      *f*

Ob.1      solo      *mf*      *f*

Ob.2      *ppp*      *mf*      *mp*      *mf*

Cl.1      *mp*      *ppp*      *mp*      *mf*

Cl.2      *mp*      *ppp*      *mf*

Bsn.1      *ppp*      *mf*

Bsn.2      *ppp*      *mf*

Hn.1,3      *ppp*

Hn.2,4      *p*

Tpt.1      *ppp*

Tpt.2      *ppp*

Tbn.1      *mp*

Tbn.2      *mp*

3. Tbn.      *ppp*

Tba.      *ppp*

Pno.      *p*      *mp*

8va

Vln. I

Vln. II

Vla.

Vc.

Cb.

*poco accel.*      *piu animato ♩ = 150*  
*espressivo*

arco

*p*      3 5 *mf*

arco

arco

*p*      3 3 *mf*

*mf*

*parco*

*mf*

*f*

*parco*

*mf*

*mf*

*mf*



native flowers pushing the fragrance of hope...the promise of resurrection...

con moto ♩ = 155

D

87 88 89 90 15

Picc. Fl.1 Fl.2 Ob.1 Ob.2 Cl.1 Cl.2 Bsn.1 Bsn.2 Hn.1,3 Hn.2,4 Tpt.1 Tpt.2 Tbn.1 Tbn.2 Timp. Perc.

not too particular about rhythm here - a continuous blur of sound on these pitches is good

Hp. Pno.

Vln. I Vln. II Vla. Vc. Cb.

**D** con moto ♩ = 155

sul tasto pp mf p mf

sul tasto pp mf p mf

sul tasto pp mf sul tasto p

pp ————— mp





Picc. -

Fl.1 -

Fl.2 -

Ob.1 -

Ob.2 -

Cl.1 -

Cl.2 -

Bsn.1 -

Bsn.2 -

Hn.1,3 -

Hn.2,4 -

Tpt.1 -

Tpt.2 -

Tbn.1 -

Tbn.2 -

B. Tbn. -

Tba. -

Timp. -

Perc. -

Crot/  
Triangle -

E natural

Hp. -

Pno. -

Vln. I -

Vln. II -

Vla. -

Vc. -

Cb. -

This musical score page shows two staves of music for a full orchestra and piano. The left staff contains 21 entries: Picc., Fl.1, Fl.2, Ob.1, Ob.2, Cl.1, Cl.2, Bsn.1, Bsn.2, Hn.1,3, Hn.2,4, Tpt.1, Tpt.2, Tbn.1, Tbn.2, B. Tbn., Tba., Timp., Perc., Crot/Triangle, Hp., Pno., Vln. I, Vln. II, Vla., Vc., and Cb. The right staff continues these entries, with some dynamics like f, ff, and mp, and performance instructions like bass drum and gliss.

100

Ob.1

Ob.2

Ci.1

Ci.2

Bsn.1

Bsn.2

Hn.1,3

Hn.2,4

Tpt.1

Tpt.2

Tbn.1

Tbn.2

B. Tbn.

Tba.

Timp.

Perc.

Crot/  
Triangle

Hp.

Pno.

Vln. I

Vln. II

Vla.

Vc.

Cb.

101

102

103

104

105

106

107

108

109

110

111

112

113

114

115

116

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122

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Ob.1

Ob.2

Cl.1

Cl.2

Tpt.1

Tpt.2

Timp.

Perc.

Crot/  
Triangle

Tub. B

Hp.

Pno.

Vln. I

Vln. II

Vla.

Vc.

Cb.

104 105 106 107 108 109 110 111 112

*mf* *mf* *mf* *mf* *mf* *mf*

*p* *p* *pp*

*f*

*let ring*

*mp* *pp*

*start slowly into free gliss*

*3* *mp* *p*

*p* *pp* *ppp* *p*

*p* *p* *p* *p* *p* *p* *p*

*pp* *pp* *p*

*soli, sul tasto, non vibrato*

*p* *p* *p*

E

**4**  
**4** Lento  $\text{J} = 50$

21

114      115      rit.      116      117      118      119

Picc.  
Fl.1  
Fl.2  
Ob.1 solo *mf*  
Ob.2  
Cl.1 *mp*  
Cl.2 *mp*  
Bsn.1 *mf*  
Bsn.2  
Hn.1,3 *pp*  
Hn.2,4  
Tpt.1  
Tpt.2  
Tbn.1  
Tbn.2  
B. Tbn.  
Tba.

*pp*

Hn.1,3 *pp*  
Hn.2,4  
Tpt.1  
Tpt.2  
Tbn.1  
Tbn.2  
B. Tbn.  
Tba.

*ppp**ppp**ppp**ppp*

**4**  
**4** Lento  $\text{J} = 50$

sul ponticello      rit.      ord.

Vln. I  
Vln. II  
Vla.  
Vc.  
Cb.

*pp* sul ponticello  
*pp*  
*p*  
*p*  
*p*  
*p*  
*p*  
*p*  
*p*  
*p*

*ppp*